



The Morning Toast



LINKING FOODBANK WA SCHOOLS ACROSS THE STATE

The Morning Toast is a quarterly newsletter to update Foodbank WA's Healthy Food for All® schools on the latest School Breakfast Program, Food Sensations® and Regional Strategy news and information!

Foodbank Perth: Welcome to our New Home!

After years of planning, fundraising and hard work, Foodbank Perth's new home at Perth Airport is now open and operating. Our Operations team did a magnificent job moving and setting up the new building ready for trade on Monday 5th January 2015.



The move from Welshpool went without a hitch and was a credit to our warehouse team.



Above: Foodbank WA CEO, Greg Hebble, in the new warehouse (copyright The West Australian)

Below: Spacious chilled retail and storage areas



Golden West Logistics were on site bright and early to assist us relocating more than 700 pallets to the new distribution centre. Our member agencies and schools have really appreciated the improvements in access and parking, and increased quantity of food and quality of presentation.

We acknowledge our fantastic project partners: the State Government of Western Australia, Lotterywest, BHP Billiton and Perth Airport. It is thanks to their support and commitment to fighting hunger in our community that Foodbank can meet the growing need in Western Australia.

Save the Date: SBP Connect 2015!

The Healthy Food for All® team are proud to announce that SBP Connect 2015 will take place on **Thursday 9 July** at Foodbank WA's new Perth Airport facility! SBP Connect 2015 is a full day professional development event, drawing together SBP representatives from across WA to network, share experiences, successes, strategies and take part in a Food Sensations® cooking session in our brand new BHP Training Kitchen! Event registration will open in May, so stay tuned for further details in the Term 2 Morning Toast!

School Breakfast Program - 2014 Counter (January-December 2014)

Total Schools: 432

Children involved: over 17,000

Breakfasts/week: over 55,700

Emergency meals/week: over 22,800



2015 School Breakfast Program Registration

Thank you to those schools that have submitted their 2015 *School Breakfast Program* registration. A '2015 SBP Update' pack will be forwarded by mail to all re-registered schools (attention to the SBP Coordinator), which contains the 2015 order form, a special 15th anniversary *School Breakfast Program* Certificate of Involvement and other resources.

The pack also includes 6 double-sided replacement pages for your *School Breakfast Program* Toolkit folder (pictured), along with a detailed 'page replacement guide'. The Toolkit resource has previously been supplied to every school involved in the Program (since 2011). Replacements are limited, however if you cannot locate your school's copy of the resource, please contact Miranda via the details below. Schools can access the Toolkit in electronic form via the *Healthy Food for All*[®] website: http://www.healthyfoodforall.com.au/images/uploads/SBP_Toolkit_2015.pdf



For more information about registration, or any other aspect of the *School Breakfast Program*, please contact Miranda Chester on (08) 9463 3213 or email miranda.chester@foodbankwa.org.au

Food Sensations[®] at Foodbank!

Foodbank WA's fantastic new BHP Training Kitchen is now available for *Food Sensations*[®] workshops with your school! *Food Sensations*[®] uses interactive activities and hands-on student cooking sessions to provide:

- A better understanding of basic nutrition
- Interactive lessons, tailored to your group
- A healthy cooking and food sharing experience!



Our 90 minute *Food Sensations*[®] sessions are run by qualified nutritionists, and are available FREE for any year group*, and can include a tour of Foodbank WA's brand new facility! For more information, or to book your school group, please contact Jenny Tartaglia on 9463 3210 or email jenny.tartaglia@foodbankwa.org.au.

(*Foodbank WA site visits open to students in Year 3 or above)

School Breakfast Program Vegemite - Best Before code

Some schools may have noticed that the current batch of SBP Vegemite displays a Best Before code of "K09OCT2014" (9 October 2014). Foodbank WA have decided to continue use of this product, based on Quality Assurance advice from Mondelez International (Kraft's parent company). Foodbank WA continues to ensure that any and all food product supplied through the *School Breakfast Program* meets the highest quality and safety standards. If you have any queries or concerns about this advisory, please contact Miranda Chester on (08) 9463 3213 or email miranda.chester@foodbankwa.org.au

Healthy Food for All[®] Staff Changes

Foodbank WA is excited to welcome Claire Celenza and Hazel Leong to the HFFA team! Claire will work with Jenny Tartaglia to deliver *Food Sensations*[®] in Schools. Hazel Leong has joined us for a six month placement (thanks to a Healthway/AHPA Scholarship) to develop the Superhero Foods suite of resources (article page 4). A number of existing staff have also changed roles, in order to broaden their experience in the delivery of *Food Sensations*[®] to Foodbank WA's school and community networks. To find out more about our new staff and team changes, check out our staff profiles at www.healthyfoodforall.com.au/about.

Footwear Policy Reminder

A 'closed-in footwear' policy is in force at all Foodbank WA branches. Any person entering Foodbank WA premises wearing thongs, sandals or open-toed shoes will be refused entry.

We want to ensure the safety and wellbeing of all visitors to Foodbank WA. Please remind Foodbank visitors or cardholders about this policy.

Food Sensations[®] in Schools - 2014 Counter (January-December 2014)

Schools: 71

Sessions: 219

Students: 4,514

Calling on Schools to Join the Fight Against Hunger

It's School Food Appeal time again! We are asking all schools* to host a Food Drive for Foodbank to kick start our 2015 Winter Appeal. Last year, schools collected the equivalent of 4700 meals - how many meals can we collect this year?

Demand for food relief remains high with over 51,000 Western Australians seeking help each month - around 16,000 are children. Winter is always a time of extra demand, so your help collecting canned foods will make a big difference to many lives over the colder months.

The School Food Appeal will run from **Tuesday 2nd June to Friday 19th June 2015.**

All schools involved in the Appeal have the chance to be awarded a special trophy for the Highest Volume Collected per Student and the Highest Volume Collected Overall (based on weight of product collected). Last year's winners were:

Highest Volume Collected per Student:

White Gum Valley PS (= 0.8kg per student)

Highest Volume Collected Overall:

West Leederville PS (338kg)

This year we will also have a special award for regional schools.

To register your school's interest, complete the *Expression of Interest* form (attached to email) and **return by Thursday 30 April 2015.**

Please help us and join the fight against hunger.

* Schools in the Perth metro, Peel, Bunbury (South West), Geraldton, Albany (Great Southern) and Kalgoorlie-Boulder are all welcome to participate. Food collected regionally will go directly to your local Foodbank.



Foodbank WA Ambassador Shannon Hurn (left) with 2014 'Highest Volume Collected Overall' winners West Leederville PS

Regional Strategy 2015 Update

Foodbank WA's *Regional Strategy* team are gearing up once again to bring the *Food Sensations*[®] message to schools and communities across regional and remote WA! Major news for 2015 involves some staffing changes to the team. Stephanie Godrich has left her role as *Regional Strategy* Coordinator, to pursue her PhD. Stephanie started at Foodbank WA in 2010, tasked with the role of creating and implementing the *Regional Strategy*, an initiative that has over the years been recognised by (and even won) several prominent health and community sector awards. We wish to acknowledge Steph's dedication to and passion for the *Regional Strategy* and wish her all the best for the future.

Christal Sercombe has been promoted to the Coordinator role, after several years working on the *Regional Strategy*, and is joined by Leisha Aberle. Having previously worked on the *Food Sensations*[®] for Adults team, and assisting on some regional trips, Leisha is now a full time member of the *Regional Strategy* team.

The *Regional Strategy* itinerary for Term 1 includes trips to the Midwest (Geraldton and Pia Wadjarri) and the Wheatbelt (Merredin and Wagin). Check out the next edition of *The Morning Toast* for an overview of their first trips for 2015!



Regional Strategy Term 1 trip destinations: Midwest (red) and Wheatbelt (blue)

Regional Strategy - 2014 Counter (January-December 2014)

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| <i>Regions Visited:</i> Great Southern, Pilbara & Wheatbelt, Kimberley, Goldfields-Esperance, Peel | <i>FS[®] School Sessions:</i> 101 (1,698 participating students) |
| <i>Towns/Communities Visited:</i> 21 | <i>FS[®] Parent Sessions:</i> 4 (16 participating parents) |
| <i>Distance travelled:</i> 29,640 km | <i>FS[®] Educator Training Days:</i> 12 (58 educators trained) |
| <i>Number of Schools Visited:</i> 33 | |

